

Holistic Health therapies offer a natural way for you to have emotional, mental and physical well-being. I provide many holistic health services such as:

Emotion Code Aroma Therapy CARE Certified Raindrop Sessions Integrative Guided Imagery Usui and Karuna Reiki Esoteric Tuning

I tailor these services to meet your individual needs, in order to empower you and lead you to your best self.

### **Emotion Code**

Loss

Who can benefit from the Emotion Code? Those suffering from:

Stress
Anger
Abuse
Trauma
Disease
Depression
Chronic Pain
Night Terrors
Panic Attacks
Negative Self Talk
Financial Hardship
Relationship Issues
Weight Issues

## Francie's Contact Information:

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Emotions that are trapped can complicate our lives. Through the Emotion Code technique, trapped emotions can be released and allow healing to begin.

### Success Stories

I have witnessed many success stories from a variety of situations. Anyone can experience improvement:

Beloved Pets Children and Teens Veterans Individuals of All Ages

The Emotion Code is a gentle energy healing technique using muscle testing and magnets to release trapped emotions.

One of the biggest benefits is that release can happen without you having to relive the trauma.

# Be Free to Fly!

Ready to learn more or begin your own path toward holistic healing? My individual sessions provide a safe environment to begin your healing process. I also offer classes to explain my work. Call me today with any questions you may have. I look forward to facilitating your path toward health!

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